

Kate Pell

Brisbane Yoga Workshops

10 & 11 March 2012

A beautiful one or two day yoga workshop.

Please book early to ensure your place.

Work, laugh, relax and enliven your whole being. Refresh your heart, mind and body with Kate's loving and profound teachings.

All are welcome to attend.

Dates

March 10 & 11

Times

Saturday 12.30 – 6.00 pm and Sunday 10.00 – 4.00pm

Cost

\$110 or \$90 conc per day / \$200 or \$170 conc weekend

Place

The Yoga Den
43 Vulture St. West End

Contact/bookings

Dan Alder 0402 565 441 or dan.theyogaden@gmail.com

The Yoga Den – West End Yoga Studio